



衛理公會福靈堂
FOOCHOW METHODIST CHURCH

DAILY MANNA TOGETHER
GROWING THROUGH THE WILDERNESS:
FORMED BY GOD,
PREPARED FOR HIS PROMISE
NUMBERS SERMON SERIES

16 MARCH 2026 TO 3 MAY 2026



The Pastor's Message

Beloved brothers and sisters in Christ,

As Foochow Methodist Church enter its 129th year of history, we stand at an important threshold. Like Israel on the edge of the Promised Land, we are entering a new season—not only in our church life, but also in our neighbourhood, with new families moving into the BTO opposite our church. God is doing something new among us, and He is calling us to be ready.

For the next three months, I invite us as one church family to journey together through the Book of Numbers, both in <Daily Manna Together> and weekly sermons. The Book of Numbers reminds us that the wilderness is not wasted. It is where God forms His people—teaching them obedience, dependence, holiness, and trust—so that they may inherit His promises and become a blessing to others.

Israel's failure was not lack of promise, but lack of preparation. God desires more than our activity; He desires our hearts. As we study Numbers, let us allow the Holy Spirit to search us: Are we walking in faith or fear? In gratitude or complaint? In obedience or resistance? This season of Scripture is an invitation to grow—personally and corporately—so that we may truly be God's people for God's purposes.

Our new neighbours are not here incidentally; they are a divine assignment. God has placed us here for such a time as this. But before we can bless others, we must first be shaped by God's Word. As we dwell daily in Scripture and gather weekly to hear it proclaimed, may God renew our minds, strengthen our faith, and align our hearts with His mission.

Church, let us walk this journey together. May God prepare us, mature us, and send us out—to inherit His promises and to be a blessing to many, for His glory alone.

FMC Pastoral Team

Introduction To The Book of Numbers

The Book of Numbers records Israel's journey from Mount Sinai to the edge of the Promised Land. Its title comes from the two censuses (numberings) of Israel, one at the beginning and one near the end, showing a transition from an unprepared generation to a prepared one.

Numbers is not just a travel log—it is a spiritual story of faith, failure, discipline, and growth. It reveals how God remains faithful to His promises even when His people struggle to trust Him. The wilderness becomes a place of testing, training, and transformation.

Key themes:

- God's holiness and order
- Human unbelief and rebellion
- Divine discipline and mercy
- Leadership development
- Preparation for God's promise

Growing Through the Wilderness:

Numbers powerfully illustrates that the wilderness is not wasted time.

- The wilderness reveals the heart: Fear, faith, obedience, and rebellion all surface.
- The wilderness forms maturity: God shapes leaders, deepens dependence, and teaches obedience.
- The wilderness separates generations: One generation dies in unbelief; another rises in faith.
- The wilderness prepares for promise: God uses trials to prepare His people for blessing.

Just as Israel had to grow before entering Canaan, believers today often walk through “wilderness seasons” where God is:

- Teaching trust
- Correcting attitudes
- Developing perseverance
- Preparing us for His promises

Outline of the Book of Numbers

1. Preparation at Sinai (Numbers 1–10:10)

- Census of the tribes
- Organization of the camp
- Duties of the Levites
- God establishes order and readiness

Focus: God prepares His people structurally and spiritually for the journey.

2. Journey from Sinai to Kadesh (Numbers 10:11–12)

- Departure from Sinai
- Complaints and discontent
- Leadership challenges (Moses, Miriam, Aaron)

Focus: Early signs of resistance to growth.

3. Rebellion and Wandering (Numbers 13–19)

- Spies and refusal to enter the land
- Judgment: 40 years in the wilderness
- Korah's rebellion
- Laws emphasizing holiness

Focus: Unbelief delays God's promise.

4. Transition to a New Generation (Numbers 20–25)

- Death of Miriam and Aaron
- Moses' failure at Meribah
- God's continued provision
- Balaam's oracles

Focus: God's purposes continue despite human failure.

5. Preparation to Enter the Promised Land (Numbers 26–36)

- Second census
- Inheritance laws
- Appointment of Joshua
- Boundaries and cities

Focus: A new generation is ready to move forward.

How To Practice Daily Devotions

God is a personal Spirit, and “Heavenly Father” is more than just a title—it reflects the deep reality that He is our loving and caring Father. Through the spiritual discipline of daily devotions, we come to know, communicate, and walk closely with Him.

Daily devotions involve setting aside specific times to draw near to God, to know Him, and to align with His will. Through reading the Bible, we come to understand His intentions, and we can respond to God in prayer and reflection. By dedicating time each day to read the Bible, pray, and meditate on God’s word, we allow God’s presence into our lives to guide us. Jesus often withdrew from the crowd and His disciples to commune with the Father in solitude, gaining strength and direction to fulfil His mission.

I. The Purpose of Daily Devotions

- a. To draw closer to God and communicate with Him. In these end times, God calls us to be awake and alert, using His Word to sustain us.
“I rise before dawn and cry for help; I have put my hope in your word. My eyes stay open through the watches of the night, that I may meditate on your promises.” (Psalm 119:147-148, NIV)
- b. To receive guidance and light for our lives. “Your word is a lamp to my feet and a light for my path.” (Psalm 119:105, NIV)
- c. To renew our minds to live out our new life in Christ.
By studying the scriptures, God’s servants are thoroughly equipped for every good work and taught to live righteously.
“All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.”
(2 Timothy 3:16-17, NIV)

2. Preparation for Daily Devotions

- **Time:** Select a time when you can be undisturbed and alone, whether in the morning or in the evening for reflection.
- **Place:** Find a quiet, distraction-free space where you can focus.
- **Materials:** Have your Bible, a notebook for recording reflections, and a pen ready.
- **Mindset:** Approach God with a calm and open heart, prepared to hear from Him and encounter Him.

3. Spiritual Discipline

Daily devotions as a spiritual discipline is not meant to be rigid or legalistic, just as our relationships with family members are not meant to feel burdensome. Time spent with our Heavenly Father should feel genuine and heartfelt. For those starting out, simple and practical methods can help cultivate meaningful spiritual habits and deepen our relationship with our Heavenly Father.

Daily Scripture Readings

Date	Verses	Date	Verses
16/3	Numbers 16	11/4	Weekly Reflection
17/3	Numbers 17-18	12/4	<i>Sermon-Numbers 22-25</i>
18/3	Numbers 19	13/4	Numbers 26
19/3	Jeremiah 33:14-26	14/4	Numbers 27-28
20/3	Isaiah 41:8-20	15/4	Numbers 29-30
21/3	Weekly Reflection	16/4	Colossians 2:13-23
22/3	<i>Sermon-Numbers 16-19</i>	17/4	Romans 8:9-27
23/3	Numbers 20	18/4	Weekly Reflection
24/3	Numbers 21	19/4	<i>Sermon-Numbers 26-30</i>
25/3	Romans 6:3-11	20/4	Numbers 31
26/3	2 Corinthians 4:7-18	21/4	Numbers 32
27/3	Hebrews 12:1-13	22/4	Ezekiel 36:24-38
28/3	Weekly Reflection	23/4	Romans 5:18-6:23
29/3	<i>Sermon-Numbers 20-21</i>	24/4	Galatians 3:7-29
30/3	Isaiah 42:1-2; Mark 15:29-30	25/4	Weekly Reflection
31/3	John 12:27-28, 32	26/4	<i>Sermon-Numbers 31-32</i>
1/4	Matthew 12:14-16	27/4	Numbers 33
2/4	1 Corinthians 11:26	28/4	Numbers 34-35
3/4	Isaiah 53:4-5; Luke 23:45-46	29/4	Numbers 36
4/4	Weekly Reflection	30/4	Romans 3:9-26
5/4	<i>Sermon- Easter</i>	1/5	2 Corinthians 2:5-11
6/4	Numbers 22	2/5	Weekly Reflection
7/4	Numbers 23	3/5	<i>Sermon-Numbers 33-36</i>
8/4	Numbers 24-25		
9/4	Ephesians 2:11-22		
10/4	Romans 11		

16/3

(Mon)

Numbers 16

A rebellion rises against God's appointed leadership, but the deeper issue is not merely leadership politics; it is rejecting God's authority. The people challenge God's order and holiness, and judgment follows. Yet even in discipline, God protects the community and calls His people back to reverence. Growth in Christ includes learning humility, resisting pride, and submitting to God's rightful rule.

Reflection Questions:

- Are there ways you resist God's authority by insisting on your own way?
- What would humble submission to God look like in a current area of struggle?

Reflection



Application &
Prayer



17/3
(Tue)

Numbers 17-18

God confirms His chosen priesthood and sets clear responsibilities for those who serve Him. The community is reminded that access to God is not casual; it is guided by God's holiness and grace. God also provides for His servants, showing that His call comes with His care. Growth in faith involves honouring God's order, valuing spiritual leadership rightly, and serving with reverence.

Reflection Questions:

- How do you respond to spiritual authority and God's order within His church?
- What does serving God with reverence and gratitude look like for you?

Reflection



Application &
Prayer



18/3

(Wed)

Numbers 19

God provides a means of cleansing for impurity, teaching His people that sin and death contaminate and separate. Holiness requires purification, and restoration is possible only through God's provision. Growth in Christ includes learning to take sin seriously while trusting God's gracious provision for cleansing and renewed fellowship.

Reflection Questions:

- Do you treat sin lightly, or do you recognise how it affects your communion with God?
- How can you pursue spiritual cleansing and renewal more intentionally?

Reflection



Application &
Prayer



19/3
(Thu)

Jeremiah 33:14-26

God promises that He will fulfil His covenant and bring a righteous King from David's line. His faithfulness is as sure as the fixed order of day and night. Even when His people feel rejected or hopeless, God assures them that His promises cannot fail. Growth in faith means learning to trust God's covenant faithfulness even when circumstances suggest otherwise.

Reflection Questions:

- Where do you struggle to believe that God will keep His promises?
- How does God's unchanging faithfulness strengthen you to persevere in hope?

Reflection



Application &
Prayer



Isaiah 41:8-20

God speaks to His people as those He has chosen and loved, assuring them that they do not need to fear because He is with them. He promises to strengthen, help, and uphold them in the face of opposition and uncertainty. God also assures them that He can provide in barren and impossible places, turning wilderness into fruitfulness so that His people will know that He alone is the Lord. Growth in faith comes as we learn to trust God's presence, rely on His strength, and believe His power to provide even when we feel weak or stuck.

Reflection Questions:

- What fears or uncertainties are you carrying that God is calling you to release into His hands?
- Where do you need to trust God to provide and make a way in a "wilderness" area of your life?

Reflection**Application &
Prayer**

21/3
(Sat)

Weekly Spiritual Reflection

Reflection



Application &
Prayer



22/3
(Sun)

Sunday Service: Numbers 16-19

Sermon Topic: GROW in Trust: God's Promises That Never Fail
"Be still, listen, and respond to God."

Notes



Application &
Prayer



23/3
(Mon)

Numbers 20

God's people face loss, pressure, and conflict in the wilderness, and even faithful leaders become vulnerable to frustration. A moment of anger and impatience leads to disobedience, and the consequences are serious because God's holiness is at stake. Growth in faith includes learning to honour God even when we are tired, disappointed, or provoked, and trusting Him to provide without taking matters into our own hands.

Reflection Questions:

- When you are under pressure, what tends to come out of your heart, faith or frustration?
- How can you grow in honouring God's holiness in stressful moments?

Reflection



Application &
Prayer



Numbers 21

As discouragement rises, the people complain again, yet God provides both discipline and mercy. When they turn to Him, He makes a way for healing and life. God also strengthens His people for forward movement and victory. Growth in Christ often involves recognising our sin, turning back to God, and learning that true life comes from trusting His provision.

Reflection Questions:

- What patterns of discouragement or complaining do you need to bring to God in repentance?
- Where do you need to look to God for healing and renewed faith today?

Reflection



Application &
Prayer



Romans 6:3-11

Believers are united with Christ in His death and resurrection. The old self has been put to death, and a new life is now possible through Christ's victory over sin. Growth in Christ involves living out this new identity by considering ourselves dead to sin and alive to God.

Reflection Questions:

- Are you living as someone who belongs to your old life, or as someone raised to new life in Christ?
- What is one area where God is calling you to actively “walk in newness of life”?

Reflection



Application &
Prayer



2 Cor 4:7-18

God's power is displayed through human weakness. Though believers are afflicted, they are not destroyed, because God sustains them with hope. Present sufferings are temporary, but God is producing eternal glory through them. Growth in faith means learning to see hardship not only as pain to endure, but as a tool God uses to deepen endurance, character, and hope.

Reflection Questions:

- How does weakness become a place for God's power to be seen in your life?
- What helps you fix your eyes on what is eternal rather than what is immediate?

Reflection



Application &
Prayer



Hebrews 12:1-13

Believers are called to persevere like runners in a race, laying aside sin and fixing their eyes on Jesus. Discipline is not a sign of rejection but of God's fatherly love, shaping His children for holiness and peace. Growth in Christ includes endurance, repentance, and receiving God's discipline as part of spiritual formation.

Reflection Questions:

- What "weight" or sin is slowing your spiritual growth right now?
- How can you respond to God's discipline with humility and renewed perseverance?

Reflection



Application &
Prayer



28/3
(Sat)

Weekly Spiritual Reflection

Reflection



Application &
Prayer



29/3
(Sun)

Sunday Service: Numbers 20-21

Sermon Topic: GROW in Perseverance: God's Faithfulness in the Wilderness

"Be still, listen, and respond to God."

Notes



Application &
Prayer



Isaiah 42:1-2; Mark 15:29-30

Preparation: Sit quietly, relax.

Enter into the inner room of your heart, close the door. With full attention, come into the presence of the Lord...

Pray that the Holy Spirit grant you grace, and lead you in the following time of contemplation.

Meditation:

Jesus remained silent, kept a low profile

Behold my servant, whom I uphold, my chosen, in whom my soul delights; I have put my Spirit upon him; he will bring forth justice to the nations. He will not cry aloud or lift up his voice, or make it heard in the street; (Isaiah 42:1-2)

And those who passed by derided him (Jesus), wagging their heads and saying, "Aha! You who would destroy the temple and rebuild it in three days, save yourself, and come down from the cross!" (Mark 15:29-30)

Jesus had a high call, yet he was not arrogant nor overbearing, instead he remained silent, kept a low profile. . . Jesus retained his composure, did not defend himself, only to fulfil the Father's will. On our journey to follow the Lord, serve the Lord, do we retain our composure, keep a low profile, and be silent?

Contemplation (5 – 10min):

- Close your eyes, breathe slowly and deeply. As you slowly exhale, pour out all the negative inner emotions; As you inhale, receive the attitude of Jesus repeatedly.
- As you come to the Cross, fix your eyes on Jesus, fall before him, surrender...
- Chant repeatedly, "*Silence, low profile.*"
- Be in silence for a while, close in the Lord's prayer."

John 12:27-28, 32

Preparation: Sit quietly, relax.

Enter into the inner room of your heart, close the door. With full attention, come into the presence of the Lord...

Pray that the Holy Spirit grant you grace, and lead you in the following time of contemplation.

Meditation:

For this purpose, Jesus has come to this hour

Jesus said, "Now is my soul troubled. And what shall I say? 'Father, save me from this hour'? But for this purpose I have come to this hour. Father, glorify your name." ... And I, when I am lifted up from the earth, will draw all people to myself."

(John 12:27-28, 32)

When Jesus spoke these words, He knew the day was near where he would be humiliated, and crucified. He did not hide his feelings, he admitted he was speechless. Instead of uttering nonsense or escaping, he chose to turn to heavenly Father. He knew for this purpose he had come to the hour, so he disregarded his own humiliation, he only hoped to glorify the Father's name through his death.

Whenever we are trapped in a challenging circumstance or tight situation, do we only think of getting out of the situation as soon as possible, and thus allow our negative feelings to manipulate us? Are we willing to accept the truth? Perhaps it is for this purpose we have come to this hour!

Contemplation (5 – 10min):

- Close your eyes, contemplate...
- Repeatedly proclaim, "O Father, glorify you name!"
- Be in silence for a while, close in the Lord's prayer.

Matthew 12:14-16

Preparation: Sit quietly, relax.

Enter into the inner room of your heart, close the door. With full attention, come into the presence of the Lord...

Pray that the Holy Spirit grant you grace, and lead you in the following time of contemplation.

Meditation:

Jesus knew what to do

But the Pharisees went out and conspired against Jesus, how to destroy him. Jesus, aware of this, withdrew from there. And many followed him, and he healed them all and ordered them not to make him known. (Matthew 12: 14-16)

On one end were those who wanted to destroy Jesus, on the other end were those who followed Jesus. Jesus knew what to do. To the former, neither did Jesus walk right into the trap himself before the hour is come nor confront them. He withdrew quietly. To the latter, Jesus did not forget his initial purpose just because they supported him; he healed all the sick and ordered them not to make him known, to avoid being backfired.

“O Lord Jesus! Help me to know what to do when facing different kinds of people.

Contemplation (5 – 10min):

- Close your eyes, breathe slowly and deeply, feel the presence of the Lord Jesus...
- Repeatedly proclaim firmly, “*Jesus knows what to do.*”
- Be in silence for a while, close in the Lord’s prayer.

I Corinthians 11:26

Preparation: Sit quietly, relax.

Enter into the inner room of your heart, close the door. With full attention, come into the presence of the Lord...

Pray that the Holy Spirit grant you grace, and lead you in the following time of contemplation.

Meditation:

Jesus knew what to do

But the Pharisees went out and conspired against Jesus, how to destroy him. Jesus, aware of this, withdrew from there. And many followed him, and he healed them all and ordered them not to make him known. (Matthew 12: 14-16)

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“O Lord Jesus! Help me to know what to do when facing different kinds of people.

Contemplation (5 – 10min):

- Close your eyes, breathe slowly and deeply, feel the presence of the Lord Jesus...
- Repeatedly proclaim firmly, “*Jesus knows what to do.*”
- Be in silence for a while, close in the Lord’s prayer.

Isaiah 53:4-5; Luke 23:45-46

Preparation: Sit quietly, relax.

Enter into the inner room of your heart, close the door. With full attention, come into the presence of the Lord...

Pray that the Holy Spirit grant you grace, and lead you in the following time of contemplation.

Meditation:

Jesus suffered for our sins

Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed. (Isaiah 53:4-5)

While the sun's light failed. And the curtain of the temple was torn in two. Then Jesus, calling out with a loud voice, said, "Father, into your hands I commit my spirit!" And having said this he breathed his last. (Luke 23:45-46)

While the sun's light failed. And the curtain of the temple was torn in two. Then Jesus, calling out with a loud voice, said, "Father, into your hands I commit my spirit!" And having said this he breathed his last. (Luke 23:45-46)

Jesus was really dead! Everything he had done and what he had endured is for us. He reversed the situation and because of his salvation, we have peace and are healed. This is grace!

Ask the Lord help us not to forget the sacrifice of the Lord Jesus; ask the Lord to let us remember always, "all my sins have been cleansed by the blood of Jesus!"

Contemplation (5 – 10min):

- Close your eyes, gaze on Jesus who was crucified for our sake...
- Repeatedly proclaim, "*In the Cross, in the Cross, be my glory ever, till my raptured soul shall find rest beyond the river!*"
- Be in silence for a while, close in the Lord's prayer.

4/4
(Sat)

Weekly Spiritual Reflection

Reflection



Application &
Prayer



5/4
(Sun)

Easter Sunday Service

Sermon Topic:

“Be still, listen, and respond to God.”

Notes



Application &
Prayer



6/4
(Mon)

Numbers 22

God's people are threatened from the outside, but God shows that no scheme can succeed against His purposes. Even when human intentions are hostile, God remains sovereign and able to restrain, redirect, and overrule. Growth in faith includes learning to trust that God protects His people even when dangers are unseen.

Reflection Questions:

- What fears or pressures tempt you to think that God's purposes can be overturned?
- How can you grow in trust that God is at work even when you cannot see what He is doing?

Reflection



Application &
Prayer



7/4
(Tue)

Numbers 23

God turns curses into blessings, declaring His unchanging commitment to His people. He does not change His mind like humans do, and His word stands firm. Growth in Christ includes resting in God's faithful character and believing that God's blessing and purposes cannot be undone.

Reflection Questions:

- What helps you anchor your faith in God's unchanging character rather than shifting circumstances?
- In what area of life do you need to trust that God's word will stand firm?

Reflection



Application &
Prayer



Numbers 24-25

God's purposes to bless His people are unstoppable, yet the greatest danger often comes from within. Though external enemies cannot defeat God's people, compromise and temptation can draw them away from God. Growth in Christ involves vigilance, wholehearted devotion, and repentance, refusing to trade holiness for momentary pleasure.

Reflection Questions:

- What temptations threaten to pull your heart away from wholehearted devotion to God?
- How can you strengthen habits of holiness and accountability to guard your faith?

Reflection



Application &
Prayer



9/4
(Thu)

Ephesians 2:11-22

God's grace not only saves individuals but creates a new community. In Christ, barriers are broken down and former outsiders are brought near. Believers become one people, built together into a dwelling place for God. Growth in Christ includes learning to live as a reconciled community marked by peace, unity, and belonging.

Reflection Questions:

- What divisions or barriers might still hinder unity in your relationships?
- How can you grow in living as someone who belongs to God's household?

Reflection



Application &
Prayer



10/4

(Fri)

Romans 11

God's saving plan reveals both mercy and wisdom. He remains faithful to His covenant purposes and warns His people against pride. Salvation is ultimately by grace, leading to humility and worship. Growth in Christ is marked by awe, gratitude, and steadfast confidence in God's sovereign faithfulness.

Reflection Questions:

- Are there ways pride or self-confidence has replaced humble dependence on God's grace?
- How can you respond to God's mercy with deeper worship and renewed obedience?

Reflection



Application &
Prayer



11/4
(Sat)

Weekly Spiritual Reflection

Reflection



Application &
Prayer



12/4
(Sun)

Sunday Service: Numbers 22-25

Sermon Topic: GROW in Wisdom: Seeing God's Plan Clearly

"Be still, listen, and respond to God."

Notes



Application &
Prayer



Numbers 26

A new census is taken, marking a turning point as a new generation rises after the wilderness years. God preserves His people despite judgment, and He prepares them for the future by reaffirming their identity and inheritance. Growth in faith includes learning that God's discipline is purposeful, and His promises remain steady across generations.

Reflection Questions:

- How does seeing God's faithfulness across generations strengthen your trust in Him today?
- In what ways is God preparing you for the "next season" of obedience and maturity?

Reflection



Application &
Prayer



Numbers 27-28

God establishes order for His people as they prepare to enter the land, addressing inheritance, leadership transition, and worship. He provides justice and care for families, appoints a new leader for the journey ahead, and reinforces rhythms of daily devotion. Growth in Christ includes trusting God's wisdom in leadership, justice, and worship, and learning steady faithfulness rather than occasional spiritual highs.

Reflection Questions:

- What does steady devotion look like for you in this season, beyond momentary enthusiasm?
- How can you grow in supporting God's work through faithful worship and trust in His leading?

Reflection



Application &
Prayer



15/4
(Mar)

Numbers 29-30

God gives detailed instructions for worship during sacred seasons, showing that faith is shaped by repeated rhythms of remembrance and devotion. Commitments made before God also matter, and His people are called to integrity and faithfulness. Growth in faith is not only emotional but formed through consistent worship and keeping our word before the Lord.

Reflection Questions:

- What spiritual rhythms help you stay anchored in worship and remembrance of God's grace?
- Are there commitments you need to honour more faithfully before God and others?

Reflection



Application &
Prayer



16/4
(Thu)

Colossians 2:13-23

Believers are made alive in Christ through forgiveness and His victory over sin. The passage warns against false spirituality, legalism, and human-made religion that appear wise but lack the power to change the heart. Growth in Christ means holding firmly to Christ's finished work and living in true freedom, not returning to fear-based or performance-based faith.

Reflection Questions:

- Are there ways you measure your spiritual life by outward performance rather than Christ's finished work?
- What does it look like for you to grow in gospel freedom and wholehearted devotion to Christ?

Reflection



Application &
Prayer



17/4

(Fri)

Romans 8:9-27

Life in the Spirit is the defining mark of God's people. The Spirit leads believers into holiness, assures them of adoption, strengthens them in suffering, and intercedes for them in weakness. Growth in Christ is not achieved by self-effort alone but by learning to walk with the Spirit, trust God in suffering, and pray in dependence.

Reflection Questions:

- Where do you rely most on self-effort rather than dependence on the Spirit?
- How does the Spirit's help and intercession encourage you when you feel weak or overwhelmed?"

Reflection



Application &
Prayer



18/4
(Sat)

Weekly Spiritual Reflection

Reflection



Application &
Prayer



19/4
(Sun)

Sunday Service: Numbers 26-30

Sermon Topic: GROW in Commitment: Living Fully for God

“Be still, listen, and respond to God.”

Notes



Application &
Prayer



20/4
(Mon)

Numbers 31

God leads His people to deal decisively with sin and opposition, reminding them that holiness matters even in victory. The distribution of spoils also shows that God's people are not meant to live for private gain, but to honour God and care for the whole community. Growth in faith includes learning obedience, purity, and generosity, recognising that everything we have ultimately belongs to God.

Reflection Questions:

- How does God's call to holiness shape the way you handle success, victory, or gain?
- In what ways can you grow in generosity and responsibility toward the wider community?

Reflection



Application &
Prayer



Numbers 32

Some tribes desire to settle outside the promised land, but they are challenged to consider the spiritual effect their choices will have on the rest of God's people. They eventually commit to stand with their brothers until the whole community receives its inheritance. Growth in Christ includes learning to prioritise God's purposes above personal comfort, and to pursue unity by bearing responsibility for one another.

Reflection Questions:

- Are there choices you are making based mainly on comfort rather than faithfulness?
- How can you grow in a deeper commitment to the spiritual good of the wider church community?

Reflection



Application &
Prayer



Ezekiel 36:24-38

God promises to gather His people, cleanse them, and give them a new heart and a new spirit. This renewal is God's gracious work, transforming His people from within so they can walk in His ways. Growth in Christ is ultimately grounded in God's renewing power, not merely external change, as He reshapes desires, strengthens obedience, and restores spiritual fruitfulness.

Reflection Questions:

- Where do you most need God's cleansing and inner renewal rather than outward improvement?
- What changes in desires or habits might show that God is giving you a "new heart"?

Reflection

Application &
Prayer

Romans 5:18-6:23

Through Christ's obedience, grace triumphs over sin and brings justification and new life. Those united with Christ are no longer slaves to sin but are called to live as slaves of righteousness. Growth in Christ means living from a new identity, choosing obedience, and offering ourselves to God, confident that grace not only forgives but also transforms.

Reflection Questions:

- In what areas do you still feel pulled toward old patterns, even though you belong to Christ?
- What does it mean for you to present yourself daily to God as an instrument of righteousness?

Reflection



Application &
Prayer



Galatians 3:7-29

True belonging to God comes through faith, not through works of the law. In Christ, believers become children of promise and heirs of God's covenant blessing. Old divisions lose their power, because all are one in Christ Jesus. Growth in faith includes resting in grace, living out gospel unity, and walking as people who truly belong to God.

Reflection Questions:

- Are you tempted to prove yourself before God rather than rest in faith and grace?
- How can you grow in treating others as equal heirs of God's promise in Christ?

Reflection

Application &
Prayer

25/4
(Sat)

Weekly Spiritual Reflection

Reflection



Application &
Prayer



26/4
(Sun)

Sunday Service: Numbers 31-32

Sermon Topic: GROW in Faithfulness: Living Out God's Call

"Be still, listen, and respond to God."

Notes



Application &
Prayer



27/4
(Mon)

Numbers 33

The journey is recorded stage by stage, helping God's people remember that every step was seen, guided, and sustained by God. Looking back is not nostalgia, but spiritual formation; it strengthens faith by tracing God's faithfulness through both hardship and mercy. Growth in Christ includes learning to remember rightly, giving thanks, and letting past deliverances build present trust.

Reflection Questions:

- When you look back on your past seasons, where can you see God's faithfulness most clearly?
- How can remembering God's past mercies help you trust Him for what lies ahead?

Reflection



Application &
Prayer



28/4
(Tue)

Numbers 34-35

God sets boundaries and appoints leaders, showing that His promises are not vague but concrete and ordered. He also provides for the Levites and establishes cities of refuge, revealing His concern for justice, mercy, and the protection of life. Growth in faith includes honouring God's order, valuing justice and mercy, and living as a community shaped by God's holiness.

Reflection Questions:

- How does God's concern for justice and mercy challenge the way you view community life?
- Are there areas where you need to embrace God's boundaries as a gift rather than a restriction?

Reflection



Application &
Prayer



29/4
(Wed)

Numbers 36

God ensures that inheritance is preserved rightly, showing His care for families and for the long-term faithfulness of His people. The book ends with God's people poised to enter the land, reminding us that preparation and obedience matter. Growth in Christ includes faithfulness in what seems small, trusting that obedience today shapes spiritual fruit tomorrow.

Reflection Questions:

- What "small obedience" might God be calling you to that will shape your future faithfulness?
- How can you grow in long-term faithfulness rather than short-term spirituality?

Reflection



Application &
Prayer



Romans 3:9-26

All people stand guilty under sin, unable to justify themselves by works. Yet God provides righteousness as a gift through faith in Christ, who becomes the sacrifice that satisfies justice and displays mercy. Growth in Christ begins and continues with humility, deep gratitude, and confidence that salvation rests not on our performance but on God's grace.

Reflection Questions:

- How does remembering your need for grace guard you from pride and self-reliance?
- What does it look like for you to live from gratitude for Christ's finished work?

Reflection



Application &
Prayer



2 Corinthians 2:5-11

The church is urged to forgive and restore a repentant person, so that discipline does not become crushing and destructive. Love seeks restoration, not shame, and the community must resist bitterness and division. Growth in Christ includes learning to forgive, reaffirm love, and protect the unity and health of the church.

Reflection Questions:

- Is there someone God is calling you to forgive or restore in love?
- How can you grow in practicing grace in a way that strengthens unity rather than deepens wounds?

Reflection



Application &
Prayer



2/5
(Sat)

Weekly Spiritual Reflection

Reflection



Application &
Prayer



3/5
(Sun)

Sunday Service: Numbers 34-36

Sermon Topic: GROW in Reconciliation: Extending God's Grace

"Be still, listen, and respond to God."

Notes



Application &
Prayer



圣周 HOLY WEEK 2026

பரிசுத்த வாரம்

重现耶稣基督的受难与复活

RE-ENACT THE PASSION AND
RESURRECTION OF JESUS CHRIST

来，在圣餐桌前入座；同走忧伤苦路；见证空坟墓的奇迹。在这个圣周，我们不只是缅怀往事，更是重现救赎的奥秘。死亡已溃败，生命已得胜。

Come, take your place at the Table. Walk the Way of Sorrows. Witness the Empty Tomb. This Holy Week, we do not merely remember the story; we re-enact the mystery of our redemption. Death is defeated; Life has won.



濯足日

MAUNDY THURSDAY

புனித வியாழன்

全教会联合崇拜
COMBINED SERVICE

ஒருங்கிணைந்த திருவிருந்து
ஆராதனை

20:00

02/04/2026

福灵堂二楼圣殿
L2 SANCTUARY

受难节

GOOD FRIDAY

புனித வெள்ளி

9:00 (ENGLISH)

11:30 (தமிழ்)

14:00 (华榕语)

03/04/2026

福灵堂三楼圣殿
L3 SANCTUARY

复活节

EASTER SUNDAY

உயிர்த்தெழுந்த திருநாள்

8:00, 9:45, 16:00 (ENGLISH)

10:00 (华榕语)

19:00 (தமிழ்)

05/04/2026



Bilingual 双语

Bible Seminar - Faith in the Wilderness

What can Israel's wilderness journey teach the church today?

圣经讲座：旷野中的信心之旅

以色列人在旷野的旅程，能给今天的教会什么提醒与学习？

Discover the message of the Book of Numbers. 一同探索《民数记》的信息。

The Book of Numbers is more than a record of Israel's wilderness journey.

Join this two-session Bible seminar as we explore its big picture, learn how to understand challenging passages, and discover practical lessons for faith, leadership, and church life today.

《民数记》不仅仅是记载以色列人在旷野中的旅程。

在这两场的圣经讲座中，我们将一同从整体角度认识《民数记》，学习如何理解其中较具挑战的经文，并思想其中对今天教会在信仰、领导与群体生活上的重要提醒。



DR BELINDA TAN

Old Testament Lecturer, Singapore Bible College

陈静焯博士

新加坡神学院旧约讲师

📅 • 19 & 26/04/2026

🕒 • 11:30 AM - 1:00 PM

📍 • Level 3 Sanctuary 三楼圣殿



Scan the QR code or click below link to submit your questions on the Book of Numbers before the seminar.

欢迎扫描二维码，在讲座前提交你关于《民数记》的问题。

<https://tinyurl.com/numbers-bible-seminar>



衛理公會福靈堂
FOOCHOW METHODIST CHURCH
衛理公會福靈堂
FOOCHOW METHODIST CHURCH

GROWING THROUGH THE WILDERNESS: FORMED BY GOD, PREPARED FOR HIS PROMISE NUMBERS SERMON SERIES

The book of Numbers reminds us that the wilderness is not a place to remain, but a place where God shapes His people. FMC is also walking this journey today, called to live as a redeemed people with order, purpose, and mission. In the wilderness, we learn commitment, holiness, unity, and obedience; we experience grace even in discipline, and grow in faith amid weakness. May we not be mere observers, but willing to be shaped, living out the identity of God's people as we prepare to enter His promises.

Date	Topic	Scripture	Preacher
22/03	GROW in Trust: God's Promises That Never Fail	Numbers 16-19	Rev Dr Niam Kai Huey
29/03	GROW in Perseverance: God's Faithfulness in the Wilderness	Numbers 20-21	Pr Tham Yong Zheng
02/04	Maundy Thursday Church Combined Holy Communion Service @ 8pm		
03/04	Good Friday English Combined Worship Service @ 9am		
05/04	Easter Sunday		Ps Alvin Ong
12/04	GROW in Wisdom: Seeing God's Plan Clearly	Numbers 22-25	Dr Paul Thng
19/04	GROW in Commitment: Living Fully For God	Numbers 26-30	Pr Tham Yong Zheng
26/04	GROW in Faithfulness: Living Out God's Call	Numbers 31-32	Rev Dr Niam Kai Huey
03/05	GROW through Reconciliation: Extending God's Grace	Numbers 33-36	Ps Alvin Ong

